1. **Pogostemon helferi**

* **Overview**

Origin: Pogostemon helferi is a unique aquatic plant native to Thailand, particularly found in fast-flowing rivers and streams. Discovered by aquarists exploring the wild flora of Southeast Asia, this plant quickly gained popularity for its compact size and curly, decorative leaves.

About the Plant: Commonly referred to as “Downoi” (meaning “little star” in Thai), Pogostemon helferi is prized for its vibrant green color and dense, ruffled foliage. It's a foreground or midground plant ideal for aquascaping due to its striking texture and compact growth habit.